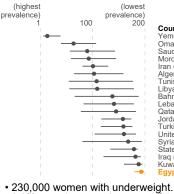
Underweight and obesity in Egypt, 2022

Underweight in Women



Underweight in Men

100

(highest prevalence)

0.8% prevalence, a decrease of 1.1 percentage points from 1990.

(lowest

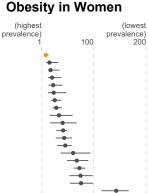
200

prevalence)

Middle East and north Africa Middle East and north Africa **Country (prevalence; global ranking)** Yemen (13%; 14th) Oman (6%; 64th) Saudi Arabia (4%; 90th) Morocco (4%; 93rd) Iran (4%; 101st) Algeria (3%; 103th) Algeria (3%; 103th) Libya (3%; 109th)) Bahrain (3%; 138th) Lebanon (3%; 145th) Jordan (2%; 158th) Turkiye (2%; 159th) United Arab Emirates (2%; 160th) United Arab Emirates (2%; 160th) Syrian Arab Republic (2%; 160th) State of Palestine (2%; 179th) Iraq (2%; 182nd) Kuwait (1%; 188th) Egypt (1%; 193rd)

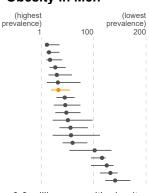
Middle East and north Africa

Middle East and north Africa **Country (prevalence; global ranking)** Yernen (8%; 54th) Morocco (6%; 65th) Algeria (4%; 81st) Tunisia (4%; 85th) Libya (4%; 89th) Oman (4%; 90th) Iran (3%; 92nd) Saudi Arabia (3%; 93rd) Bahrain (3%; 93th) Iraq (3%; 102nd) Jordan (3%; 102nd) Jordan (3%; 102nd) Syrian Arab Emirates (2%; 111th) United Arab Emirates (2%; 115th) State of Palestine (2%; 116th) Egypt (2%; 123th)



- 18 million women with obesity.
- 59.0% prevalence, an increase of 32.1 percentage points from 1990.

Obesity in Men



Middle East and north Africa

Middle East and north Africa

Country (prevalence; global ranking)

Layph (39%; 16th) Kuwait (50%; 16th) Iraq (49%; 21st) Saudi Arabia (48%; 23rd) Libya (48%; 24th) State of Palestine (47%; 26th) Jordan (48%; 20th)

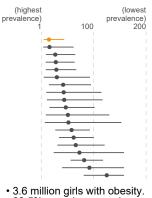
Jordan (46%; 29th) Bahrain (44%; 34th) Syrian Arab Republic (43%; 41st) Turkiye (43%; 42nd) Oman (41%; 44th) United Arab Emirates (41%; 46th)

Tunisia (35%; 61st) Algeria (33%; 68th) Iran (32%; 73rd) Lebanon (32%; 75th) Morocco (31%; 76th) Yemen (18%; 143rd)

Country (prevalence; global ranking) Qatar (41%; 11th) Kuwait (39%; 15th) Saudi Arabia (38%; 1 Jordan (34%; 27th) Iraq (33%; 30th) Bahrain (33%; 32nd) 17th) Bahrain (33%; 32nd) Egypt (32%; 33rd) State of Palestine (30%; 45th) Lebanon (30%; 46th) United Arab Emirates (29%; 48th) Libya (28%; 51st) Orman (27%; 56th) Syrian Arab Republic (27%; 57th) Turkiye (26%; 50th) Turkiye (26%; 50th) Turkiye (26%; 102nd) Iran (18%; 116th) Algeria (16%; 125th) Morocco (14%; 132nd) Yemen (10%; 141st)

- 9.6 million men with obesity.
 32.5% prevalence, an increase of 19.4 percentage points from 1990.

Obesity in Girls

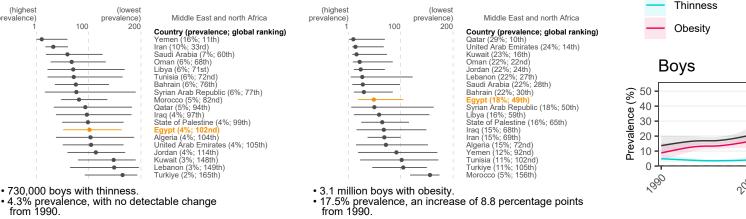


Country (prevalence; global ranking) Egypt (22%; 15th) Iraq (22%; 16th) Bahrain (19%; 27th) United Arab Emirates (19%; 28th) Kuwait (19%; 29th) Qatar (18%; 30th) Oman (15%; 42nd) Algeria (15%; 43rd) Lebanon (15%; 44th) Saudi Arabia (15%; 47th) Libya (15%; 51st) Syrian Arab Republic (14%; 52nd) Jordan (13%; 58th) Turkiye (12%; 62nd) Jordan (13%; 58th) Turkiye (12%; 62nd) State of Palestine (11%; 66th) Tunisia (10%; 73rd) Iran (9%; 82nd) Yemen (8%; 92nd) Morocco (6%; 125th)

Middle East and north Africa

22.5% prevalence, an increase of 12.3 percentage points from 1990.

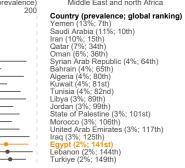
Obesity in Boys



- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- · Egypt had 14 studies for women, 8 for men, 6 for girls, and 7 for boys.

2.0% prevalence, a decrease of 1.8 percentage points from 1990. Thinness in Girls (highest (lowest prevalence) prevalence) 100

• 620,000 men with underweight.



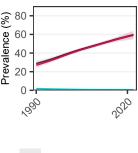
2.0% prevalence, a decrease of 1.9 percentage points

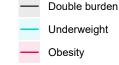
• 330,000 girls with thinness. from 1990. Thinness in Boys (highest prevalence) (lowest

- 730,000 boys with thinness.
- from 1990.

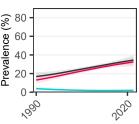


Women





Men



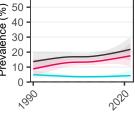
ā	,05 0	2020	
		Double burden	

Girls

50 % 40

10

revalence 30 20



- with 222 million children, adolescents, and adults" The Lancet, 2024.
- · Prevalences presented here are age-standardised using the WHO Standard Population.
- · Complete results are available at www.ncdrisc.org.

Egypt (2%; 125th) Qatar (2%; 129th) Turkiye (1%; 143rd) Lebanon (1%; 147th) Kuwait (1%; 179th) Middle East and north Africa