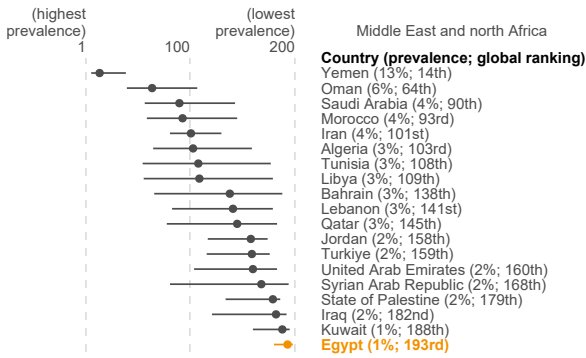


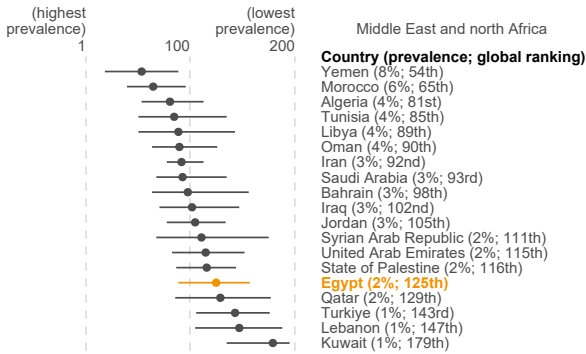
# Underweight and obesity in Egypt, 2022

## Underweight in Women



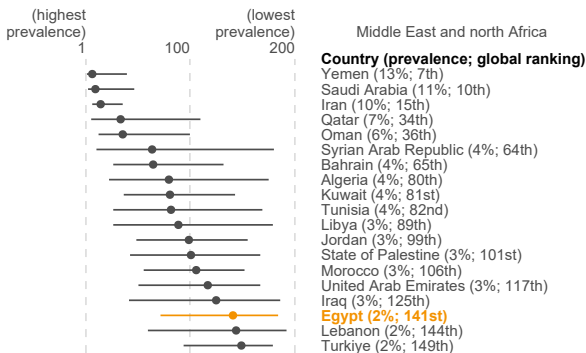
- 230,000 women with underweight.
- 0.8% prevalence, a decrease of 1.1 percentage points from 1990.

## Underweight in Men



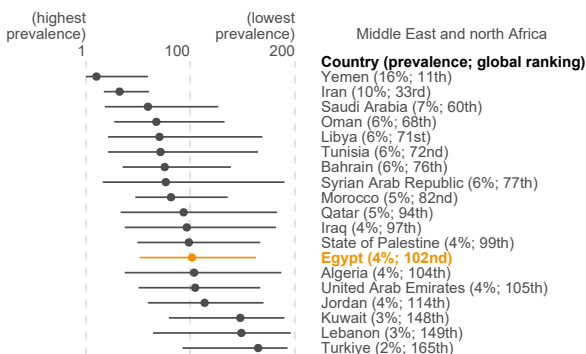
- 620,000 men with underweight.
- 2.0% prevalence, a decrease of 1.8 percentage points from 1990.

## Thinness in Girls



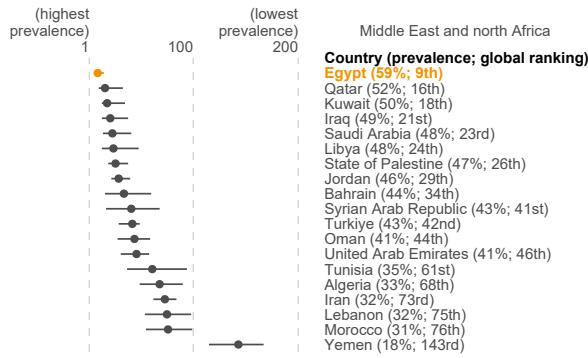
- 330,000 girls with thinness.
- 2.0% prevalence, a decrease of 1.9 percentage points from 1990.

## Thinness in Boys



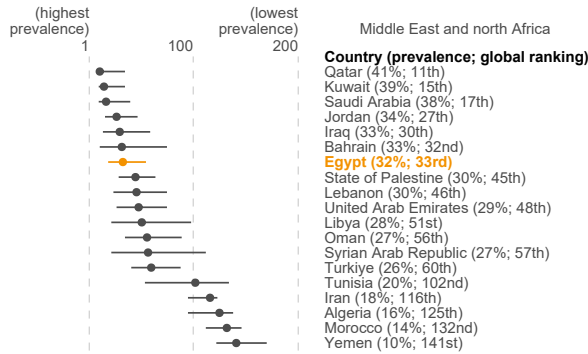
- 730,000 boys with thinness.
- 4.3% prevalence, with no detectable change from 1990.

## Obesity in Women



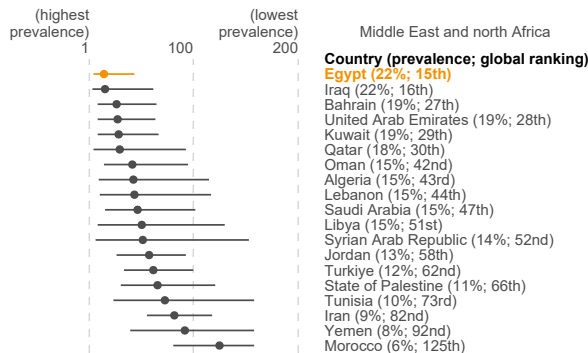
- 18 million women with obesity.
- 59.0% prevalence, an increase of 32.1 percentage points from 1990.

## Obesity in Men



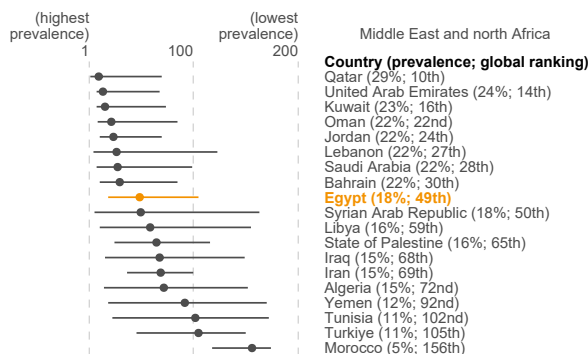
- 9.6 million men with obesity.
- 32.5% prevalence, an increase of 19.4 percentage points from 1990.

## Obesity in Girls



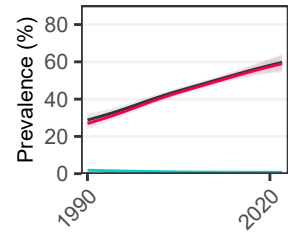
- 3.6 million girls with obesity.
- 22.5% prevalence, an increase of 12.3 percentage points from 1990.

## Obesity in Boys



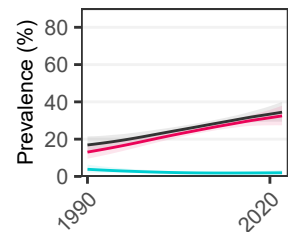
- 3.1 million boys with obesity.
- 17.5% prevalence, an increase of 8.8 percentage points from 1990.

## Women

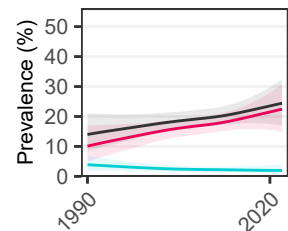


- Double burden
- Underweight
- Obesity

## Men

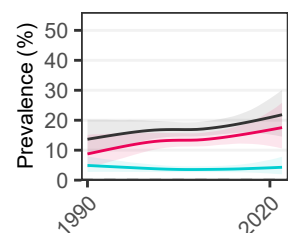


## Girls



- Double burden
- Thinness
- Obesity

## Boys



• Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" *The Lancet*, 2024.

- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Egypt had 14 studies for women, 8 for men, 6 for girls, and 7 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.
- Complete results are available at [www.ncdrisc.org](http://www.ncdrisc.org).