Underweight and obesity in Brazil, 2022

Underweight in Women

Obesity in Women

(highest prevalence) 1	(lowest prevalence) Southern Latin America 100 200 Country (prevalence; global rank		(highest (lowest prevalence) prevalence) 1 100 200		Southern Latin America Country (prevalence; global ranking)	Women	
		Brazil (3%; 132nd)		-	Chile (45%; 33rd)	(%) = = 60 =	
		Paraguay (2%; 163rd)		- - -	Argentina (37%; 52nd)	- 00 - 04 - 04 - 05	
	• • • • • • • • • • • • • • • • • • •	Uruguay (2%; 169th)		—•	Paraguay (37%; 54th)		
		Argentina (2%; 176th)		-•	Uruguay (37%; 55th)	1990 20 ²⁰	
	-•	Chile (1%; 192nd)		-	Brazil (33%; 70th)		
• 2.1 millio	on women with und	erweight.	• 27 milli	ion women with obes	ity.	Double burden	

S2.6% prevalence, an increase of 20.7 percentage points from 1990.

25.0% prevalence, an increase of 19.2 percentage points from 1990.

2.8% prevalence, a decrease of 3.4 percentage points from 1990.

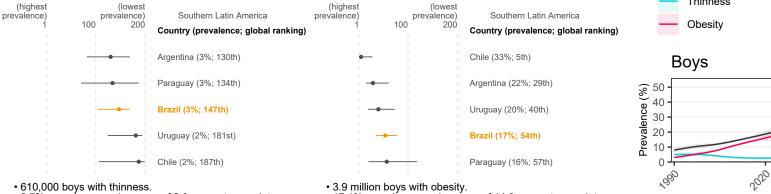
Underweight in Men

Obesity in Men (highest (highest (lowest (lowest prevalence) 200 prevalence) prevàlence) Southern Latin America prevalence) Southern Latin America 100 200 100 Men Country (prevalence; global ranking) Country (prevalence; global ranking) Brazil (2%; 118th) Argentina (36%; 24th) 80 % 60 Prevalence Paraguay (2%; 127th) Chile (34%; 28th) 40 Uruguay (2%; 134th) Uruguay (32%; 37th) 20 0 Argentina (1%; 156th) Paraguay (31%; 39th) ~990 1 Chile (0%; 195th) Brazil (25%; 65th) • 19 million men with obesity.

1.5 million men with underweight.
2.1% prevalence, a decrease of 2.8 percentage points from 1990.

Thinness in Girls

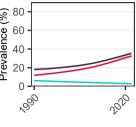
Thinness in Girls			Obesity in Girls						
(highest prevalence) 1	prev 100	(lowest valence) 200	Southern Latin America Country (prevalence; global ranking)	(highest prevalence) 1		(lowest prevalence) 200	Southern Latin America Country (prevalence; global ranking)		
			Brazil (3%; 123rd)		-		Chile (22%; 17th)	Gi	rls
	 		Paraguay (1%; 163rd)		-		Argentina (19%; 26th)	(%) 50 - 40 -	
			Argentina (1%; 171st)				Uruguay (16%; 38th)	- 00 - 02 - 01 - 01	
			Uruguay (1%; 189th)				Brazil (14%; 54th)	10 - Heve	
			Chile (1%; 197th)		•		Paraguay (12%; 61st)	,890 ,890	2020
• 580,000 g • 2.7% prev from 199	valence, wi		etectable change	• 14.3%		with obesity ce, an incre	r. ase of 11.2 percentage points		v
Thinness in Boys			Obes	Obesity in Boys				Double burden	
(lai ala a at		(1		(lationly a set		(1		¬	Thinness



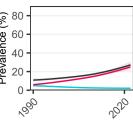
2.7% prevalence, a decrease of 2.3 percentage points from 1990.

- Results are from NCD Risk Factor Collaboration "Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults" The Lancet, 2024.
- Women and men are aged 20+ years and girls and boys are aged 5-19 years.
- Brazil had 60 studies for women, 52 for men, 86 for girls, and 85 for boys.
- Prevalences presented here are age-standardised using the WHO Standard Population.

· Complete results are available at www.ncdrisc.org.







17.1% prevalence, an increase of 14.0 percentage points from 1990.

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